

Navigating Change Employees Workshop



WAYDE CONSULTING

Understanding change and its impact on You

Change is constant and the continuous change environment has an impact on how employees feel, behave and function in the workplace.

However, individuals can take control of their change journey and improve their change experience.

This workshop is designed to help individuals understand the cascading impact of change on emotion and behavior.

The workshop gives individuals an opportunity to explore how organizational changes impact behavior, and how they can reframe the change to improve their experience of the change journey.

Agenda

- The Reality of Change
- Cause and Effect of Change
- Reaction to Change
- The Change Journey



Objectives

In this workshop, individuals will:

- Understand the psychology of change
- Recognize and reframe resistance to change
- Explore the organizational change journey
- Understand the individual change journey

Contact us to learn more:

(715) 575-1308

info@waydeconsulting.com

www.waydeconsulting.com